

Middle School Menu August 2009



Menu Prices for Middle School

Breakfast	Amount	Lunch	Amount
Student	\$1.25	Student	\$1.75
Reduced	\$0.30	Reduced	\$0.40
Adult	\$1.65	Adult	\$2.75
Extra Milk — \$0.50			

www.carrollcountyschools.com

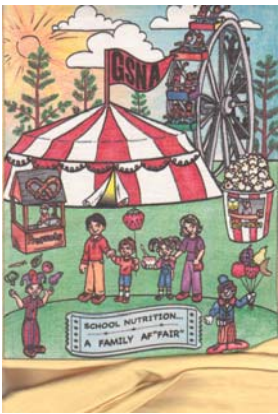
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MILK CHOICE IS SERVED WITH EACH MEAL.					
DAY					8
BREAKFAST					Sausage Biscuit or Pancake on a Stick / Fruit
LUNCH					Beef, Bean & Cheese Burrito w/ Spanish Rice or Pizza Dippers w/ Steamed Corn Choose 2: Tossed Salad / Glazed Carrots / Watermelon Wedge / Applesauce w/Garnish / Chocolate Chip Cookie
SALAD					P.B. & J. Sack Lunch

DAY	10	11	12	13	14
BREAKFAST	Chicken Biscuit or Breakfast Bun / Fruit	Biscuit Choice or Yogurt Cup w/ Toast & Jelly / Fruit	Biscuit Choice or Muffin w/ Cereal / Fruit	Chicken Biscuit or Breakfast Burrito / Peach Slices	Biscuit Choice or Breakfast Pizza / Fruit
LUNCH	Fish & Shrimp w/Cornbread & Au gratin Potatoes or Hamburger w/French Fries Choose 2: Creamy Cole Slaw / Fresh Vegetables w/Dip / Baked Beans / Juice Bar / Gelatin w/Fruit	Beef Taco on Loco Bread or Crispito w/Cheese Sauce Choose 2: Tossed Salad / Corn on Cob / Pinto Beans / Salsa w/Tortilla Chips / Rosey Applesauce / Orange Wedges	Pork Chop Patty w/Gravy or Chicken Tenders Choose 2: Wheat Roll / Creamed Potatoes / Green Beans / Blackeye Peas / Peach Slices / Fresh Apple Wedges	Spaghetti w/Meat Sauce w/ French Bread or Stuffed Crust Pepperoni Pizza Choose 2: Tossed Salad / Glazed Carrots / English Peas / Baked Cinnamon Apples / Pudding w/ Topping	Chicken Sandwich w/ Baked Chips or Hot Ham & Cheese w/ Hashbrown Patty Choose 2: Pasta Salad / Lettuce, Tomato, Dill Slice / Fresh Veggies w/Dip / Pear Salad / Brownie / Cantaloupe Slice
SALAD	Chef Salad	Caesar Salad	Chef Salad	Caesar Salad	Smuckers Sack Lunch



MENU IS SUBJECT TO CHANGE.

This explains what to do if you believe you have been treated unfairly. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington DC 20250-9410 or call (800) 795-3272 or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MILK CHOICE IS SERVED WITH EACH MEAL.					
DAY	17	18	19	20	21
BREAKFAST	Biscuit Choice or Cinnamon Glazed French Toast Sticks w/ Syrup / Fruit	Biscuit Choice or Muffin w/ Cereal / Fruit	Biscuit Choice or Breakfast Burrito / Fruit	Biscuit Choice or Cinnamon Roll / Fruit	Biscuit Choice or Grilled Cheese Sandwich / Fruit
LUNCH	BBQ Sandwich or Honey Wheat Corndog Choose 2: Creamy Cole Slaw / Au gratin Potatoes / Steamed Broccoli w/Cheese / Fresh Grape Cup / Orange Sherbet	Beef Nachos w/Cheese Cup or Stuffed Crust Cheese Pizza Choose 2: Tossed Salad / Pinto Beans / Steamed Corn / Applesauce w/Cherry Garnish / Fruit Cobbler	Country Fried Steak w/Gravy & Roll or Chicken Teriyaki w/Roll Choose 2: Steamed Broccoli / Steamed Cabbage / Peas & Carrots / Vegetable Rice / Rosey Pear Halves / Fruit Cocktail	Lasagna w/Garlic Bread or Cheese Sticks w/Marinara Sauce Choose 2: Tossed Salad / Sherbet / Steamed Baby Carrots / Seasoned Green Beans / Strawberry-Banana Cup	Turkey Cheese Melt or Beef Hotdog Choose 2: Macaroni & Cheese / Baby Green Lima Beans / California Blend Vegetables / Apple & Orange Wedge Cup
SALAD	Tuna Salad Plate	Asian Chicken Salad	Tuna Salad Plate	Asian Chicken Salad	P.B. & J. Sack Lunch

	24	25	26	27	28
DAY					
BREAKFAST	Biscuit Choice or Egg, Grits, & Toast / Fruit	Biscuit Choice or Breakfast Pizza / Fruit	Biscuit Choice or Honey Wheat Breakfast Bar / Fruit	Biscuit Choice or Yogurt & Cereal / Fruit	Sausage Biscuit or Pancake on a Stick / Fruit
LUNCH	Sloppy Jo or Chicken Tender Sandwich Choose 2: French Fries / Fresh Veggies w/Dip / Ranch Style Beans / Carrot-Raisin Salad / Frosty Peach Slices / Fresh Grape Cup / School Made Cookie	Cheese Enchiladas (2) w/Salsa Garnish or Beef Tacos (2) Choose 2: Tossed Salad / Pinto Beans / Steamed Corn / Juice Bar / Pear Salad w/Topping and Cherry	Rib-B-Q or 2-Fers (Mini Hamburgers) Choose 2: French Fries / Broccoli w/Cheese Sauce / Fresh Vegetables w/Dip / Pineapple Tidbits w/Kiwi / Wacky Cake	Popcorn Chicken w/Roll or Pork Chop Patty w/Gravy w/Roll Choose 2: Creamed Potatoes / Seasoned Green Beans / Blackeye Peas / Peach Halves / Fresh Fruit Cup w/Cottage Cheese	Beef, Bean & Cheese Burrito w/ Spanish Rice or Pizza Dippers w/ Steamed Corn Choose 2: Tossed Salad / Glazed Carrots / Watermelon Wedge / Applesauce w/Garnish / Chocolate Chip Cookie
SALAD	Chef Salad	Caesar Salad	Chef Salad	Caesar Salad	Smuckers Sack Lunch



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